

STAR EVENTS ONLINE PROJECT SUMMARY FORM

In which event are you competing? Digital Stories for Change

How many members are competing on this team? 3

Which chapter members are competing in this event? Luxvera Lundy, Antonia Magnuson, and Lia Maman

Please select your competition level: Level 3: grades 10&11

What is the title of your project? Abusive Relationships

Please provide a brief overview of your project (one paragraph) In our digital stories for change project we focused on raising awareness about abusive relationships and the importance of seeking help. We identified our concerns, set a goal to educate others, and are taking action through this presentation. We emphasize that it's crucial to recognize the signs of both unhealthy and abusive relationships. We highly encourage everyone to reach out for support if they find themselves in such situations. It is also important to make sure people know at what point they need to ask for help.

Was your project part of one of the national FCCLA Programs? No

Approximately how many people have you reached through this project? 100

How did this project positively impact your family, school, or community? Our community is, hopefully, now more aware of these things. Maybe there are teens at our school that are in abusive relationships and don't know what to do.

During this school year, are you or any member of your team enrolled in at least one Family and Consumer Sciences course? Yes we are all in Family Studies

Participation in FCCLA has helped me learn or improve the following skills (check all that apply):

- Awareness of Community or World
- Communication/Observation/Writing Skills
- Conflict Resolution/Respect
- Creativity
- Decision Making or Problem Solving

- Leadership
- Professionalism/Integrity
- Public Speaking
- Responsibility and Time Management
- Self Confidence
- Specific Career Related Skills
- STEM Skills
- Teamwork
- Technology
- Working with Adults

Why did you choose to compete in this STAR Event? (Check all that apply):

- Adviser encouraged me
- Applies to future goal
- Friends encouraged me
- Like the challenge of competing
- Part of classwork or assignment
- Response to a specific need
- Senior project/Service requirement/Graduation requirement
- Thought it would be interesting/fun/educational
- To increase leadership skills

Rate how useful your STAR Events experience will be to your future:

somewhat useful

Are you planning on pursuing higher education and/or a career related to this event?

Yes

What career pathway or area are you most interested in? Child development and psychology