



HEALTH SERVICES

GUIDELINES FOR ILLNESS

Abdominal pain – note location of pain, time of onset, quality, intensity of pain, any nausea, vomiting or diarrhea. Take temperature. Notify parent and send home if vomiting, diarrhea, or fever is present.

Chest pain – note onset (time), location and intensity of pain, difficulty breathing, dizziness or other unusual findings. Notify parent.

Cramps – take temperature. Determine intensity, location and onset of pain, any nausea or vomiting, or feelings of faintness. Notify parent if indicated.

Diarrhea – take temperature, notify parent and send student home. The student must be free from diarrhea before returning to school.

Dizziness – determine cause of symptoms and notify parent if indicated.

Earache – take temperature. Notify parent and send home.

Eyes – note the color of the conjunctiva (white portion of eyes), any redness, drainage, swelling or sties. Refer to Conjunctivitis information sheet (in the Policy and Procedure Manual). Notify parent.

Fever – take temperature. If temperature is 100.6 degrees or above, the student must be sent home. If the student has a temperature of 105 degrees or higher, EMS (911) should be called if a parent cannot be contacted immediately. If 911 is called, notify your school nurse.

Headaches – may be a symptom of other illnesses. It is important to check for an elevated temperature. Encourage fluids. Notify parent if headache worsens or accompanied by fever or stiff neck.

Poisoning Emergencies – contact the school nurse, parent and Poison Control Center at 1-800-288-9999.

Skin color – note if skin is pale or flushed. Take temperature. Notify parent if temperature is 100.6 degrees or above or if student has other symptoms such as difficulty breathing, etc.

Sore throat – take temperature. Notify parent if temperature is 100.6 degrees or above (send home Sore Throat Information Letter in Policy and Procedure Manual). Send home if indicated.

Toothache – notify parent, send home if indicated.

Undiagnosed rash – complete Skin Rash Information sheet (in the Policy and Procedure Manual).

Vomiting – take temperature, notify parent and send student home. The student must be free from vomiting before returning to school.

THE NURSE SUPERVISOR (594-3735) SHOULD BE NOTIFIED FOR ANY SERIOUS ACCIDENT, ILLNESS, OR LIFE-THREATENING EMERGENCY.

REMEMBER: GOOD JUDGMENT AND EXPERIENCE ARE ESSENTIAL. CHRONIC COMPLAINERS DO GET ILL.