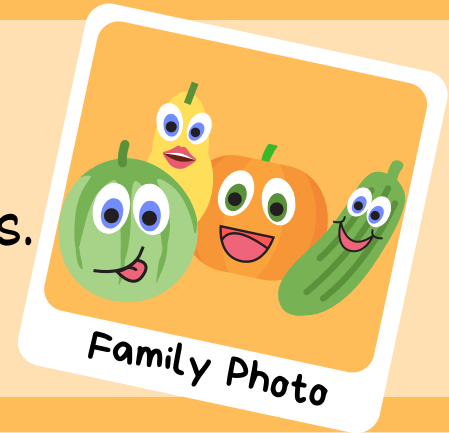


Cantaloupe

It is in the same family as melons, squash, cucumbers, and even pumpkins.



It can help your eyes and skin.
It can also help you not get sick.

Freeze it and put it in a blender to
make a healthy frozen dessert!

