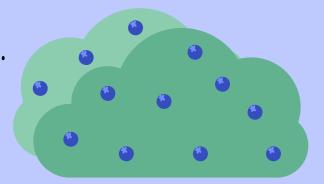


## Blueberries

Blueberries grow on bushes. One bush can produce over 6,000 berries!



They have antioxidants, which help protect your heart and your cells from damage.

Try frozen blueberries for a cool summer snack!

