



NORTHWEST MIDDLE SCHOOL TRACK TEAM

PRACTICE & MEET SCHEDULE

Try-Outs / Practice / No School / Track Meet

Month	Monday	Tuesday	Wednesday	Thursday	Friday
Feb 6 - 10	6	7	8	9	10
Feb 13 - 17	13	14	15	16	17
Feb 20 - 24	20	21	22	23	24
Feb 27 - Mar 3	27	28	1	2	3
Mar 6-10	6	7	8	9	10
Mar 13-17	13	14	15	16	17
Mar 20-24	20	21	22	23	24
Mar 27- 31	27	28	29	30	31
Apr 3-7	3	4	5	6	7
Apr 10-14	10	11	12	13	14
Apr 17-21	17	18	19	20	21
Apr 24-28	24	25	26	27	28
May 1-5	1	2	3	4	5

Daily Practice Time: 3:45 p.m. - 5:00 p.m. (STUDENTS MUST BE PICKED UP BY 5:15)

Season Meets:

- Meet #1: Thursday, March 23 @ Central 4:30pm (Co-host with Gresham)
- Meet #2: Tuesday, April 4 @ Halls HS 4:30pm
- Meet #3: Tuesday, April 11 @ Central HS 4:30pm
- Meet #4: Thursday & Friday, May 5 & 6 County Championships @ HVA