

Mission Statement

The mission of the Ridgedale School counseling program is to provide a comprehensive program that supports and fosters the academic development, career development, and the personal and social development of every student. The objective is to provide students from diverse backgrounds with experiences that will inspire and enable all to make informed choices increasing opportunity to achieve academic learning, life-long success and personal well-being.

Counseling Services

For Students:

- Weekly Classroom Lessons
- Daily Check-in at Arrival
- Self-referral forms
- Parent referral
- Staff referral

For Parents:

- Call the school or email to request a conference

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Helpful *Patient* Kind Caring
COMPASSIONATE Loving
Reliable Mindful Supportive

Confidentiality Statement

The information students share with the counselor is private and kept confidential. The counselor must get the student's permission to share the information with parents or teachers. Confidential means that the information that is told is not shared with others. There are exceptions or conditions when the counselor must break confidentiality.

- If the counselor believes the student is in danger.
- If the counselor believes the student presents a danger to others.
- If a judge requires the counselor to share the information.
- If the counselor believes she needs to consult with someone else to help the student.

Ridgedale School

4600 Ridgedale Road

Knoxville, TN 37921

School Phone: 865-909-9099

Ridgedale School
Counseling Program



Academic
Personal
Social
Career

Dr. Jacquelin Broussard
National Board Certified Counselor



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jacquelin.broussard@knoxschools.org

The students at Ridgedale are provided academic, career, and personal opportunities to develop the foundation to be competitive in a future global economy and achieve personal success and happiness. Our students are developing college and career readiness to become lifelong learners, informed decision makers, and responsible citizens who make a positive impact in our community and the world.

Ridgedale School Counseling Program

Classroom Curriculum

All students have access to a trauma informed school counseling curriculum.

Topics

- ❖ Bullying Prevention & Awareness
- ❖ Career/College Awareness
- ❖ Employability Skills
- ❖ Growth Mindset
- ❖ Learning Styles
- ❖ Positive Relationship Skills
- ❖ Responsible Decision Making
- ❖ Self-Awareness
- ❖ Self-Management
- ❖ Social Awareness
- ❖ Student Success Skills

Responsive Services

Individual and Group Counseling

- ✓ Solution Focused Strategies
- ✓ Peer Relationships
- ✓ Self-Regulation
- ✓ Conflict Resolution
- ✓ **Crisis Response and Intervention**

Individual Student Planning

- Academic and Behavior Goals
- Career Awareness Planning
- Appraisal and Advisement



Counseling Approaches and Background

Dr. Jacquelin Broussard is a National Board Certified Counselor and a National Board Certified School Counselor. She believes that a person's thinking (thoughts) causes him or her to feel, act, or respond the way he or she does. A student's home environment and lived experiences mold the approach that he or she uses to respond and act. Her approach is to help students to identify the mistaken beliefs and faulty thoughts that cause them to respond and feel in non-healthy ways. A person's approach will change when he or she understands he or she possess the power to change thinking and behavior.