

## Food Resource List

Below is a list of our most used resources, during this time.

Organization	Status	Address	ZIP	Website	Services Offered	Notes:
<b>All Areas - Knoxville</b>						
Knoxville Area Rescue Ministry (KARM)	Open	418 N Broadway St.	37917	<a href="https://karm.org">https://karm.org</a>	NOT a food pantry. Daily meals for the homeless and those in crisis	Breakfast: 6:30am - 7:45 am. Lunch: 11:30am - 12:45pm. Dinner: 4:30pm - 5:45pm. Must have ID. If no ID, they will still give a meal to go.
Knoxville County Schools	Open			<a href="https://www.knoxschools.org/mealinfo">https://www.knoxschools.org/mealinfo</a>	food distribution for students of KCS (in-person students & online students)	<a href="https://www.knoxschools.org/mealinfo">For KCS students. For on-line students, they can register at knxcou tyschools/mealsrequest. They give food on Mondays for 3 days and on Wednesdays for 2 days.</a>
Pellissippi State College - Pellissippi Pantry	Open			<a href="http://www.pstcc.edu/advocacy/pantry.php">http://www.pstcc.edu/advocacy/pantry.php</a>	food and hygiene items when available	Must be Pellissippi student or staff. Complete an application. Orders are filled by ID number (not by name). Orders may be picked up once per month. Clients campus (Blount County, Hardin Valley, or Magnolia Avenue). Clients receive a five-day supply of food.
Salvation Army	Open	409 N Broadway St.	37917	<a href="https://www.salvationarmyknoxville.org">https://www.salvationarmyknoxville.org</a>	food pantry	Call for appt. Open M-W-F, from 1-4 PM. Clients can access the pantry once every 6 weeks. Need ID, SS# and proof of residence such as a utility bill. For emergencies, call the office.
Senior Citizens Home Assistance Service (SCHAS)	Open			<a href="https://schas.org/s-o-s-program">https://schas.org/s-o-s-program</a>	grocery delivery (client pays for groceries)	See web site. Free grocery delivery to persons who have compromised immune systems, disabled, or are age 60 or older. Client pays for groceries. One order per week. Maximum 25 items. 48-hour delivery on weekdays. No delivery on weekends. Food, toiletries, essentials. No prescriptions, non-essentials, alcohol, or tobacco. Available through 09/2021. Can assist people clients with SNAP cards for these services.
Smokey's Pantry/ Tyson House on UT campus	Open			<a href="https://smokeyspantry.wordpress.com">https://smokeyspantry.wordpress.com</a>	Food pantry	Tuesday 4-6 PM.Walk-in. Bags of groceries. Open to all. Will ask for ID and contact info. Can also text 236-1235. Only open for UT spring and fall semester. Closed in Summer. Recommend call before you come.

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Second Harvest	Open			<a href="https://secondharvesttn.org/find-a-food-pantry/">https://secondharvesttn.org/find-a-food-pantry/</a>	list of food pantries & telephone numbers	They provide food to 630 partners, including food pantries, homeless shelters and churches, in 18 E. TN counties. See their attached website for a list of those partners if a client needs to find a food pantry near them.

### EAST Knoxville

East Knoxville FISH Hospitality Pantry	Open	St. Luke's Episcopal, 600 S Chestnut St.	37914	<a href="http://www.fishpantry.org/index.php?page=pantry_locations">http://www.fishpantry.org/index.php?page=pantry_locations</a>	food pantry	Monday & Wednesday: 10:00am - 1:00pm at 600 S Chestnut St. (St. Luke's Episcopal Church). No ID needed. They serve everyone. Closed if the schools are closed for bad weather.
Overcoming Believers Church	Open	211 Harriet Tubman St	37915	overcomingbelieverschurch.org	food pantry	<a href="#">Every Tuesday 1-2PM. Grocery giveaway</a>
The Love Kitchen	Open	2418 Martin Luther King, Jr, Ave.	37915	<a href="http://www.thelovekitchen.org">http://www.thelovekitchen.org</a>	food pantry and meals	<b>Lunches</b> - Wednesday & Thursday: 1:30pm. No ID required. Because of Covid, meals are served "to go" and handed out in the parking lot gate. <b>Food Pantry:</b> Call First, between Noon and 1PM to get a number. At 4 PM be in the parking lot and they will call numbers. <b>Food Delivery:</b> Meal deliveries to those qualified recipients who are homebound or unable to cook. Call and talk to someone or leave a message and you will be called back.

### WEST Knoxville

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Organization	Status	Address	ZIP	Website	Services Offered	Notes:
Beaver Ridge UMC	Open	7753 Oak Ridge Hwy. 37931	37931	<a href="https://www.beaveridgeumc.org">https://www.beaveridgeumc.org</a>	food pantry	Monday 1-2 PM. Normally serves clients within the 37931 zip code and limits distribution to once per family per month. One family served at a time. .
Calvary Baptist Church	Open	3200 Kingston Pike	37919	<a href="https://knoxcalvary.com/">https://knoxcalvary.com/</a>	food bag - drive thru	Tuesday 9:00am – 12:00pm. One bag of groceries per household every three months. All zip codes. Proof of identity is required.
Cokesbury UMC/Manna House	Open	9915 Kingston Pike	37922	<a href="https://www.cokesbury.tv/mannahouse/">https://www.cokesbury.tv/mannahouse/</a>	food bag - drive thru	9919 Kingston Pike - drive down the left side of the building Tuesday, Thursday, & Saturday: 9:00am – 11:00am. And Thursday 5-6:30 PM. Photo ID & document with SSN required. Normally, once every 30 days per household but during this Covid time, they are flexible. Mobile Manna House: Mondays & Tuesdays: 9:00 - 10:30 at Wesley House & 11:00 - 12:30 at
Cokesbury UMC/MOBILE Manna House	Open	Wesley House - 1719 Reynolds St. or Susannahs House - 923 Dameron Ave. NW	37921	<a href="https://www.cokesbury.tv/mannahouse/">https://www.cokesbury.tv/mannahouse/</a>	food bag - drive thru	Mobile Manna House: Mondays & Tuesdays: 9:00 - 10:30 at Wesley House & 11:00 - 12:30 at Susannahs House.
Cornerstone Church of God/ Compassion Ministries	Open	12813 Kingston Pike, Farragut	37934	<a href="https://compassionministries.net/">https://compassionministries.net/</a>	food bag - drive thru	Every other Thursday from 3-5 PM. Next distribution is Feb 4, 2021 and every 2 weeks thereafter.. No ID required.
Faith Lutheran Church – Shepherd of Hope Food Pantry	Open	225 Jamestowne Blvd. Farragut	37934	<a href="https://www.faithloves.org/shepherd-of-hope-food-pantry/">https://www.faithloves.org/shepherd-of-hope-food-pantry/</a>	food pantry	First Monday 3:00pm – 5:00pm & third Monday 3:00pm – 6:30 pm. Need government photo ID. Usually serve families once per month but during Covid twice per month.

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Farragut Christian Church/ C.A.R.E. Food Pantry	Open	138 Admiral Rd. Farragut	37934	<a href="https://farragutcc.com">https://farragutcc.com</a>	food pantry	Thursdays (except holidays) 5:30pm - 7:00pm. Families receive two bags of food per month. All zip codes during this Covid period.
First Seventh-day Adventist Church/ Good Samaritan Center	Open	3611 Kingston Pike	37919	<a href="https://www.knoxvillefirstsda.com">https://www.knoxvillefirstsda.com</a>	Food pantry	Open for Knox county residents on the 2nd and 4th Tuesday from 3:30- 5:30 PM. No restrictions on who can come except must be Knox Cty residents.. But, first timers need current ID, proof of address, and either a pay stub or govt letter such as SNAP receipt, etc.
Grassy Valley Baptist Church	Open	10637 Kingston Pike	37922	<a href="http://www.grassyvalley.org/ministries/food-pantry">http://www.grassyvalley.org/ministries/food-pantry</a>	Food drive through	Accepting donations: Tuesday and Thursday 10 AM-2 PM. Offering food on the 1st and 3rd Thursday of each month from 10 AM-2 PM. Show picture ID and last 6 #s of your SS #. Emergency food: M-F 10 AM - 2PM but must call 865 773-116 first.
Laurel Church of Christ	Open	3457 Kingston Pike	37919	<a href="https://www.laurelcc.org">https://www.laurelcc.org</a>	meals at VMC	Plan to re-open the church on Feb 7. Then, On the second Tuesday of each month, resuming cooking lunch at Volunteer Ministry Center, 511 N Broadway, from 11:45am. to 12:30pm.
Metropolitan Community Church	Open	7820 Redeemer Ln.	37919	<a href="https://www.mccknoxville.org">https://www.mccknoxville.org</a>	6-8 grocery bags of non-perishable food. Enough for a family of 4 for 4 days or 1 person for 2 weeks.	Must telephone first to make arrangements for pick-up. These pre-scheduled pick-ups are Tuesday and Thursday: 11:00am - 12:00pm. Sunday: 12:30- 1:30 PM. First come, first served. Non-perishable items only. Ffor questions or other needs call the church.
Middlebrook Pike UMC FISH Food Pantry	Open	7234 Middlebrrok Pike	37909	<a href="http://middlebrookpike.com/our-programs">http://middlebrookpike.com/our-programs</a>	FISH food bank- drive thru	Fourth Friday. 9AM - Noon or until food runs out

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Parkwest Church	Open	7635 Middlebrook Pike	37909	<a href="https://www.facebook.com/parkwestchurch/">https://www.facebook.com/parkwestchurch/</a>	Knoxville Dream Center mobile food truck	On-site Knoxville Dream Center mobile food pantry truck Wednesday: 1:30pm - 2:30 pm. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.
Trinity UMC	Open	5613 Western Ave.	37921	<a href="https://www.knoxtrinity.org">https://www.knoxtrinity.org</a>	food bags	Wednesdays 10:00am - 2:00pm. One bag of groceries per household per month.
Wesley House	Open	1719 Reynolds St.	37921	<a href="https://www.wesleyhouse.com">https://www.wesleyhouse.com</a>	food pantry	Childcare for essential employees and food pantry for program participants. Monday - Friday: 8:30am -5:30pm for childcare and for food pantry. WH makes weekly deliveries of food and household items to seniors and persons who do not have transportation. No ID required, they serve everyone.
Western Heights Baptist Center	Open	1230 W Scott Ave.	37921	<a href="https://www.kcab.org/western-heights-baptist-center">https://www.kcab.org/western-heights-baptist-center</a>	food & clothing	Tuesday & Thursday: 9:00am - 12:00pm.
<b>NORTH Knoxville</b>						
Beaver Dam Baptist	Open	4328 E Emory Rd.	37938	<a href="https://www.bdbc.org">https://www.bdbc.org</a>	food bag - drive thru	Final Tuesday 6:00- 6:30 PM Zip Codes: 37938, 37918, 37849. Address verification required.
Broadway Baptist	Open	815 N Broadway St.	37917	<a href="http://www.broadwaybaptistknoxville.com">http://www.broadwaybaptistknoxville.com</a>	food pantry	By appointment only. Telephone church office during office hours (or leave a message) to schedule. Distributions on Wednesdays 9:30am - 12:30pm.
Callahan Road Baptist	Open	1317 Callahan Dr.	37912	<a href="http://www.callahan.church">http://www.callahan.church</a>	food bag - drive thru	Then, open every second Tuesday 5:00pm - 6:00pm.

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Central UMC	Open	201 3rd Ave.,	37917	<a href="http://knoxcentralumc.org/how-we-serve/community-neighbors/">http://knoxcentralumc.org/how-we-serve/community-neighbors/</a>	Food pantry	Thursday from 10:00 AM - Noon. During COVID, people can come weekly.
Crossroads Presbyterian/Halls Welfare Ministry	Open	4329 E Emory Rd.	37938	<a href="https://www.crossroadschurchpcusa.org/outreach">https://www.crossroadschurchpcusa.org/outreach</a>	food pantry - drive thru	Second Tuesday 6:00-7:00 pm & fourth Saturday 10:00-11:00 am. During this Covid time ID not required. All zip codes. Emergency call 922-9412. Church will try to get food.
Emerald Avenue United Methodist Church	Open	1620 N Central St.	37917	<a href="http://www.emeraldaveumc.org">http://www.emeraldaveumc.org</a>	food pantry	Monday & Wednesday: 10:00am - 11:30am Zip codes 37917 & 37921. Families may come once a month. Sometimes able to provide food for homeless persons (call first).
Foster Chapel Baptist Church/Oakland Community Food Bank	Open	4012 Oakland Dr	37918		Drive-thru food pantry	3rd Saturday of each month from 10AM-Noon until they run out <b>starting on March 20, 2021</b>
Holy Ghost Catholic Church	Open	1041 N Central S.	37917	<a href="https://ccetn.org">https://ccetn.org</a>	grab & go food	Fourth Saturday: 9:00 - 12:00pm
Ladies of Charity	Open	120 W Baxter Ave.	37917	<a href="https://www.ladiesofcharityknox.org/food-assistance">https://www.ladiesofcharityknox.org/food-assistance</a>	Large food package for a 3-4 person family	Park and a greeter will have you complete application. Need to show ID and SS Card (one-time only).
New Beginnings Baptist Church	Open	8518 Thompson School Rd., Corryton	37721	<a href="https://www/Facebook.com/nbbbcfoodpantry">https://www/Facebook.com/nbbbcfoodpantry</a>	food pantry and clothing closet	First Saturday & third Saturday: 9:00am - 12:00pm (second Saturday and fourth Saturday in October, 2020). Clients complete a brief information sheet. Emergency food service may be available by contacting contact persons.

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Northwest Knoxville FISH Pantry	Open	122 W Scott Ave.	37917	<a href="http://www.fishpantry.org/index.php?page=pantry_locations">http://www.fishpantry.org/index.php?page=pantry_locations</a>	food pantry & clothing	Food pantry: Tuesday, Thursday, & fourth Saturday: 10:00 am - 1:00 pm. No ID required. They serve everyone. Will be closed if the schools for bad weather.
Park West Church Dutch Valley Campus	Open	1416 Breda Dr.	37918	<a href="https://www.facebook.com/Park-West-Church-Dutch-Valley-193705624298047/">https://www.facebook.com/Park-West-Church-Dutch-Valley-193705624298047/</a>	Knoxville Dream Center Mobile food truck	On-site Knoxville Dream Center mobile food pantry truck. Tuesdays 11:00- 11:30 AM. Church parking lot. One household per vehicle served unless there are multiple representatives per car. Maximum three households per vehicle. Every household receives the same amount regardless of household size.
Powell UMC	Open	323 W Emory Rd. Powell 37849	37849	<a href="https://powellchurch.com/">https://powellchurch.com/</a>	food bag - drive thru	Monday - Friday: 9:00am - 10:00am & third Saturday 9:00am - 12:00pm. Require proof of address. Household can get food once per month.
Rutherford Memorial UMC/Corryton Hospitality Pantry	Open	7815 Corryton Rd., Corryton	37721	<a href="https://www.rutherfordmemorialumc.com/">https://www.rutherfordmemorialumc.com/</a>	food bag - drive thru	Second and fourth Thursdays: 9:00am - 12:00pm. Drive-thru. Photo ID and proof of income required (SNAP card, for example). See Rutherford Memorial UMC.
St. James Episcopal Church	Open	1101 N Broadway St.	37917	<a href="https://stjamesknox.dio">https://stjamesknox.dio</a>	food pantry	Every other Saturday. Call 523-5687 to verify that it is the right Saturday. Serves immediate neighborhood & contiguous zip codes (37912, 37914, 37915, 37918, 37919, 37921). Prrof of address is required.
The Grove Church	Open	6709 Maynardville Pike	37918	<a href="https://thegroveknox.org/market/">https://thegroveknox.org/market/</a>	food pantry	Third Saturday 10:00am – 12:00pm. Identification is not required. They sometimes have food left over so clients can call and check.
Washington Pike UMC	Open	2241 Washington Pike	37917	<a href="https://www.washingtonpikeumc.org">https://www.washingtonpikeumc.org</a>	food pantry- drive thru	Thursdays 9:00 am - 11:00am. Zip codes 37914 and 37917. Can pick up food once a month.
White Stone Church	Open	1719 E Emory Rd. 37938	37938	<a href="https://whitestonechurch.org">https://whitestonechurch.org</a>	food pantry - drive thru	Second Saturday 9:00am - 12:00pm & fourth Tuesday 4:30pm - 6:30 pm. Families served once per month. All zip codes served. We are a drive through pantry.

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<b>SOUTH Knoxville</b>						
Beacon of Hope	Open	115 Ogle Ave.	37920	<a href="https://www.churchstreetumc.org/beamoon-of-hope/">https://www.churchstreetumc.org/beamoon-of-hope/</a>	Clothing, toiletries, & household items,	Emergency food boxes to residents in the 37920 zip code. ALSO: Not for public release, because they have a huge waiting list, but they run Food Co-Op (not a food pantry) for <b>members only</b>
Colonial Heights UMC	Open	6321 Chapman Highway	37920	<a href="https://chumcknox.com">https://chumcknox.com</a>	Drive thru meals	Everyone is welcome. Lunch on the last Sat of each month from 11AM - 1PM or until they run out of food. And the 2nd Wednesday (Starting Feb 10th) from 5:00PM - 6 PM or until they are out food. They plan on having 50 meals (limit of 6 meals)
Montgomery Village Baptist Center	Open	4601 Joe Louis Rd.	37920	<a href="https://www.kcab.org/montgomery-village-baptist-center">https://www.kcab.org/montgomery-village-baptist-center</a>	meals, food bags & clothing	Monday: emergency food bags: 1:00pm - 3:00pm Tuesday: worship service and persihable food from Second Harvest: 10:00am - 11:45am Wednesday: emergency food bags: 9:00am - 12:00pm Thursday: worship service and meal for all until food runs out: 10:30am - 12:00pm emergency food bags: 1:00pm - 3:00pm Friday: clothing room: 9:45am - 11:45am
South Knoxville Baptist Church	Open	522 Sevier Ave.	37920	<a href="http://soknobaptist.org">http://soknobaptist.org</a>	food box	Second & fourth Saturdays: 1:00pm - 3:00pm. Delivery may be available in south Knoxville area.
South Knoxville Church of God	Open	5623 Magazine Rd.	37920	<a href="http://skcog.com">http://skcog.com</a>	food pantry	Open by telephone appointment only 573-4141. Pick-ups from 9AM-3PM, M-Thu. Once a month per household. Must show ID and proof of residence such as phone or utility bill.



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South Knoxville FISH Pantry	Open	201 Ogle St. (inside Sustainable Future Center building)	37920	<a href="http://www.fishpantry.org/index.php">http://www.fishpantry.org/index.php</a>	food pantry	Wednesday & Friday: 10:00am - 1:00pm No ID required, they serve everyone. They will be closed if the schools are closed for bad weather.
Woodlawn Christian Church	Open	4339 Woodlawn Pike 37920	37920	<a href="https://mywoodlawn.org">https://mywoodlawn.org</a>	food pantry	Monday - Friday: 9:00am - 4:00pm. Zip code 37920. Clients must call South Knoxville CAC office first (577-7591) for referral.

### DOWNTOWN Knoxville

Church Street UMC	Open	900 Henley St.	37902	<a href="https://www.churchstreetumc.org">https://www.churchstreetumc.org</a>	Soup-to-go drive through	Thursday from 11:00am until food runs out (usually by 11:30am)
First Baptist Downtown	Open	510 W Main St #2539	37902	<a href="http://fbcknox.org/">http://fbcknox.org/</a>	FISH food pantry & food co-op	FISH pantry: first Monday 8:30am - 1:00pm. Food co-op: every other Tuesday 9:00am - 1:00pm. Drive-through.
First Presbyterian Church	Open	620 State St.	37902	<a href="http://www.fpcknox.org/ministries/missions/local/fish-pantry/">http://www.fpcknox.org/ministries/missions/local/fish-pantry/</a>	FISH food pantry	First Tuesday (except holidays) 9:00am until food runs out, generally about 10:30 or 11:00 AM.